



FREE HUB FITNESS CLASSES

507 N. MAIN ST.
 BROKEN ARROW, OK 74012
 918.994.4299

SUN	MON	TUE	WED	THU	FRI	SAT
	THE HUB TRIBE 5:00am - 5:30am		THE HUB TRIBE 5:00am - 5:30am		THE HUB TRIBE 5:00am - 5:30am	
	YO[U]R YOGA 8:00am - 9:00am		YO[U]R YOGA 8:00am - 9:00am		YO[U]R YOGA 8:00am - 9:00am	
	ZUMBA 10:00 - 11:00am		ZUMBA 9:00 - 10:00am		ZUMBA 9:30 - 10:30am	ZUMBA 8:00 - 9:00am
ZUMBA 3:00 - 4:00pm						THE HUB BOXING 10:00 - 11:00am
			ZUMBA 6:00 - 7:00pm			
	THE HUB BOXING 6:00pm - 7:00pm	Bar Belles (Ladies Only) 6:00pm - 7:00pm	THE HUB BOXING CONDITIONING 6:00pm - 7:00pm	Bar Belles (Ladies Only) 6:00pm - 7:00pm	THE HUB BOXING 6:00pm - 7:00pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.